

Domestic Abuse tool-kit recently launched at House of Commons

Over recent years we have helped an increasing number of people deal with the devastating effects of domestic abuse. Most have to flee their homes leaving behind everything including their family and job to be safe. We have helped these people start again by financing their new life but starting again emotionally is much more difficult.

That's why we've sponsored the Domestic Abuse toolkit. Created in partnership with Business in the Community (BITC) and Public Health England (PHE) the tool-kit was launched to the insurance industry on June 26 at the House of Commons. Victoria Atkins MP also gave an update on the forthcoming Domestic Abuse Bill.

The toolkit is free and helps employers identify and support victims and perpetrators. Full details are on our website.



Galway Charity Shield Winner



Galway Insurance Institute were presented with The Insurance Charities shield earlier this year in recognition of the work the institute has done on our behalf. The President, Arlene O'Brien received the award from Board member Adrienne O'Sullivan.

Insurance Charities Awareness Week

This year's Insurance Charities Awareness Week (ICAW) was a huge success. We sent out 663 display boxes and bags to 226 insurance companies across the UK and Ireland reaching over 75,000 insurance employees.

The aim of the week is to raise awareness of our charity and let people within the insurance industry know we are here to help – it's a big undertaking but we want to make sure no one misses out on the support they may be eligible for.

You can read more about our awareness week on our website.





Running for charity

and having trained through the bitterly cold winter was a fantastic result.

Nuala exceeded her fundraising target, raising an incredible £5,000 and raised awareness of our charity among insurance employees in Northern Ireland.

Nuala blogs about her marathon training. Read how she trained for the event, what motivated her to start running and why she is now training for her second marathon at www.runnualarun.com

Nuala O'Connor, who has worked in the insurance industry for over 30 years, ran this year's Virgin Money London Marathon on behalf of our charity. Finishing in 4 hours and 56 minutes despite it being the hottest London marathon to date



Emily's story

Emily has worked in insurance since leaving school in 2010. Her parents split up a few years ago just after her mother had been diagnosed with cancer. The family home was repossessed and Emily and her mother moved in with her grandparents.

In spite of treatment and surgery, Emily's mother sadly died earlier in the year. She left no significant estate and Emily was not eligible for help with the funeral account. She was desperate when she contacted us; feeling she had let everyone down by not having enough to pay for her mother's cremation. Members agreed to clear the balance owed which gave Emily great comfort. She still needs to come to terms with the many traumatic months of seeing her mother's health decline and her subsequent bereavement but feels like a great weight has been lifted from her shoulders.

Ready... set... go karting

The annual Insurance Endurance event took place during our awareness week. During a beautiful day at Kart PFI Racetrack near Grantham 16 teams made up of enthusiasts from within the insurance sector raced for six hours to compete for top place. Bankstone were victorious with Lamp Group Limited narrowly missing out on the top spot, finishing just under a minute behind!

As well as racing, our Board member, Kirsten Watson, was at the event and over £1,000 was raised for our charity during the day. We'd like to say thank you to all the teams for their generous donations and to Insurance



Endurance for inviting us to be their nominated charity.

You can find out more about this annual event on their website:

www.insuranceendurance.co.uk



Annual Golf Day

Following a sell out event last year, our annual Golf Day will once again take place at Collingtree Park Golf Club in Northampton on Tuesday 11 September. We have a few team and individual places left so get in touch if you would like to take part. Full details are on our website.

Contacting The Insurance Charities

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If you would like to be kept up to date with all our activities then please email us.

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